



Online Resources for Hospitals Interested in Connecting to Sustainable Farmers, Producers

HEALTH-RELATED FOOD SYSTEM ISSUES

Antibiotics

- Antibiotics, Animal Agriculture and MRSA: A New Threat
http://www.iatp.org/files/421_2_107139.pdf
- No Time to Lose: Science Supporting Public Health Action to Reduce Antibiotic Overuse in Food Animal
<http://www.iatp.org/documents/no-time-to-lose>

Chemical toxicants

- Driving Down Pesticide Risks
[http://www.organic-center.org/reportfiles/DRIfinal11-1\[1\].pdf](http://www.organic-center.org/reportfiles/DRIfinal11-1[1].pdf)
- Feeding Arsenic to Poultry: Is this Good Medicine?
http://www.noharm.org/lib/downloads/food/Feeding_Arsenic_to_Poultry.pdf
- Mercury and High Fructose Corn Syrup: Frequently Asked Questions
http://www.iatp.org/files/421_2_105091.pdf

- Not So Sweet: Missing Mercury and High Fructose Corn Syrup
http://www.iatp.org/files/421_2_105026.pdf
- Potential Health Impacts of Certain Persistent and Other Chemicals Detected in Sludge
http://www.iatp.org/files/421_2_104204.pdf
- Smart Guide on Sludge Use in Food Production
http://www.iatp.org/files/421_2_104203.pdf
- Smart Plastics Guide: Healthier Food Uses of Plastics
http://www.iatp.org/files/421_2_102202.pdf
- What's on my food?
<http://www.whatsonmyfood.org/index.jsp>

Climate impacts

- The Changing Climate for Food and Agriculture: A Literature Review
http://www.iatp.org/files/451_2_104516.pdf
- Identifying Our Climate Footprint: Assessing and Reducing the Global Warming Impacts of Food and Agriculture in the U.S.
http://www.iatp.org/files/258_2_105667.pdf

Hormones

- Position Statement on rBGH
http://www.noharm.org/lib/downloads/food/HCWH_Position_on_rBGH.pdf
- rBGH (rBST)-Free Yogurt Nutrient Comparison Chart
<http://www.psr.org/chapters/oregon/safe-food/yogurt-comparisons.xls> (spreadsheet download)
- Smart Guide: Hormones in the Food System
http://www.iatp.org/files/421_2_106678.pdf

Genetic engineering

- Position Statement on Genetically Engineered Food
http://www.noharm.org/lib/downloads/food/Genetic_Engineered_Food_Stmnt.pdf

Food worker safety

- The Hands that Feed Us: Challenges and Opportunities for Workers along the Food Chain
<http://foodchainworkers.org/wp-content/uploads/2012/06/Hands-That-Feed-Us-Report.pdf>

POLICY ADOPTION AND DEVELOPMENT

Hospitals

- Healthy Food in Health Care: A Pledge for Fresh, Local, Sustainable Food
http://www.noharm.org/lib/downloads/food/Healthy_Food_in_Health_Care.pdf
- Health and Sustainability Guidelines for Federal Concessions and Vending Operations
<http://www.cdc.gov/chronicdisease/resources/guidelines/food-service-guidelines.htm>
- Healthy Hospital Choices—Promoting Healthy Hospital Food, Physical Activity, Breastfeeding and Lactation Support and Tobacco-Free Choices: Recommendations and Approaches from an Expert Panel
<http://www.cdc.gov/nccdphp/dnpao/hwi/docs/HealthyHospBkWeb.pdf>
- Healthy Hospital Initiative Healthy Food Challenge
<http://healthierhospitals.org>

Health professionals

- American Academy of Pediatrics, “Pesticide Exposure in Children”
<http://pediatrics.aappublications.org/content/early/2012/11/21/peds.2012-2757>
- American Dietetic Association, “Food and Nutrition Professionals Can Implement Practices to Conserve Natural Resources and Support Ecological Sustainability”
<http://www.eatright.org/About/Content.aspx?id=8360>
- American Dietetic Association, American Nurses Association, American Planning Association and American Public Health Association, “Principles of a Healthy, Sustainable Food System”
<http://www.planning.org/nationalcenters/health/pdf/HealthySustainableFoodSystemsPrinciples.pdf>
- American Medical Association, “Report 8 of the Council on Science and Public Health: Sustainable Food”
<http://www.ama-assn.org/resources/doc/csaph/csaph-rep8-a09.pdf>
- American Nurses Association, “2008 House of Delegates: Resolution Healthy Food in Health Care”
<http://www.nursingworld.org/MainMenuCategories/WorkplaceSafety/Environmental-Health/PolicyIssues/HealthyFoodinHealthCare.pdf>
- American Public Health Association, “Toward a Healthy, Sustainable Food System”
<http://www.apha.org/advocacy/policy/policysearch/default.htm?id=1361>
- California Medical Association, “2007 House of Delegates: Resolution 705-07, Improving Health through Sustainable Food Purchasing”
http://www.noharm.org/lib/downloads/food/CMA_Resolution_Sust_Food_Purch.pdf
- Minnesota Academy of Family Practitioners, “2008 House of Delegates Report: Improving Health through Sustainable Food Purchasing”
<http://www.mafp.org/2008hodreport.asp>

SUSTAINABLE FOOD PROCUREMENT

Category-specific

Beverages (non-dairy)

- Hydrate for Health: A Call for Healthy Beverages in Health Care
http://www.noharm.org/lib/downloads/food/Hydrate_For_Health.pdf
- Purchaser's Guide to Sourcing Sustainable Coffee and Tea
http://www.noharm.org/lib/downloads/food/Sourcing_Sustainable_Coffee_Tea.pdf

Fruits, herbs and vegetables

- 2012 Shopper's Guide to Pesticides in Produce
<http://www.ewg.org/foodnews/>
- Frozen Local: Strategies for Freezing Locally Grown Produce for the K-12 Marketplace
http://www.iatp.org/files/2012_12_11_FreezingReport_JB_web.pdf
- A Seasonal Look at Fresh Produce (Minnesota)
<http://www.mda.state.mn.us/~media/Files/food/minnesotagrown/producecalendar.ashx>
- Seasonal Availability of Wisconsin Fruits and Vegetables
<http://www.cias.wisc.edu/foodservtools/2-Get-started/wisconsin-produce-calendar.pdf>
- Serving Locally Grown Produce in Food Facilities (Minnesota)
http://www.misa.umn.edu/prod/groups/cfans/@pub/@cfans/@misa/documents/asset/cfans_asset_288774.pdf
- Smart Produce Guide: Safer, sustainable produce for healthy children
http://www.iatp.org/files/421_2_102204.pdf

Dairy (including eggs)

- A Purchasing Guide to Sourcing Dairy Products Produced Without rBGH
http://www.noharm.org/lib/downloads/food/Purchasing_Non-rBGH_Dairy.pdf

- Institutional Guide for rBGH-Free Yogurt Companies
<http://www.psr.org/chapters/oregon/safe-food/recombinant-bovine-growth.html>
- Nationwide rBGH- (rBST-) Free Cheese Contacts
<http://www.psr.org/chapters/oregon/assets/pdfs/r-bgh-free-cheese-chart.pdf>
- rBGH- (rBST)-Free Dairy Processors: Top 100 List (as of 9/15/10)
<http://www.psr.org/chapters/oregon/assets/pdfs/top-100-rbgh-free-dairies.pdf>
- Scrambled Eggs: Separating Factory Farm Egg Production from Authentic Organic Agriculture
<http://www.cornucopia.org/egg-report/scrambledeggs.pdf>
- Smart Guide to Minnesota Dairy Without rBGH
http://www.iatp.org/files/421_2_105184.pdf

Grocery

- Cereal Crimes
http://cornucopia.org/cereal-scorecard/docs/Cornucopia_Cereal_Report.pdf
- Smart Guide to Food Dyes: Buying Foods That Can Help Learning
http://www.iatp.org/files/421_2_105204.pdf
- Purchaser's Guide to Sourcing Food Without Genetically Engineered Ingredients
http://www.noharm.org/lib/downloads/food/Purchasing_Non-GMO_Food.pdf

Meat, poultry and seafood

- Approved Sources of Meat and Poultry for Food Facilities (Minnesota)
<http://www.mda.state.mn.us/licensing/inspections/~media/Files/food/foodsafety/meatpoultry.ashx>
- Buying Better Chicken: A Resource to buying chicken Raised without Antibiotics and Arsenic for Schools, Hospitals and Other Purchasers
<http://www.iatp.org/files/Buying%20Better%20Chicken042011.pdf>
- Health Care's Commitment to Sustainable Meat Procurement Four Case Studies

http://www.noharm.org/lib/downloads/food/HC_Commitment_Sustainable_Meat_Procurement.pdf

- Purchaser's Guide to Sourcing Sustainable Poultry
http://www.noharm.org/lib/downloads/food/Purchas_Sustainable_Poultry.pdf
- Sale of Home or Farm Raised Poultry (Minnesota)
<http://www.mda.state.mn.us/licensing/inspections/~media/Files/food/foodsafety/poultrysales.ashx>
- Seafood Watch Buyer's Guide January 2013
http://www.montereybayaquarium.org/cr/cr_seafoodwatch/content/media/MBA_SeafoodWatch_Jan2013_BuyersGuide.pdf
- Seafood Watch January 2013 Culinary Chart of Alternatives
http://www.montereybayaquarium.org/cr/cr_seafoodwatch/content/media/MBA_SeafoodWatch_ChartofAlternatives_Jan2013.pdf
- Smart Seafood Guide 2012
<http://documents.foodandwaterwatch.org/doc/SeafoodCard2012.pdf>
- The Super Green List: Connecting Human and Ocean Health
http://www.montereybayaquarium.org/cr/cr_seafoodwatch/sfw_health.aspx

Multi-category

- Pride of the Prairie Buy Fresh Buy Local Foods Guide
<http://localfoods.umn.edu/bfblpotp/localfoodsguide>
- Buying Local Food for Food Service in Minnesota
<http://www.mnproject.org/pdf/Guide%20to%20Buying%20Local.pdf>
- Smart Meat and Dairy Guide for Parents and Children: Safer, sustainable food for healthy children and a healthier environment
http://www.iatp.org/files/421_2_102203.pdf

Contractors and group purchasing organizations

- Strategies to Increase Sustainable Food Options via GPO and Distributors (HCWH, 2011)
http://www.noharm.org/lib/downloads/food/Sustainable_Food_and_GPOs.pdf
- Integrating Sustainability Requirements Into Health Care Food Service Contracting (HCWH, 2011)
http://www.noharm.org/lib/downloads/food/Integrating_Sustainability_Food_Service.pdf

Examples of contracting documents

- Minneapolis Public Schools Culinary and Nutrition Services Request for Information (local produce)
http://nutritionservices.mpls.k12.mn.us/uploads/mps_f2s_request_for_information-application.pdf
- Chartwells Request for Information (chicken raised without antibiotics)
www.familyfarmed.org/wp-content/uploads/2013/01/ChartwellsChikRFI-jan14.pdf
- Chartwells Request for Information (local produce)
www.familyfarmed.org/wp-content/uploads/2013/01/ChartwellsProdRFI-Jan9c.pdf
- School Food Focus Request for Information from Farmers, Processors, and Distributors to Supply Locally Grown Fresh and Frozen Fruits and Vegetables (2013), for a copy of the document and related appendices contact Kymm Mutch at kmutch@schoolfoodfocus.org.
- Wisconsin Farm to School: Toolkit for School Nutrition Directors (section on produce bid process)
www.cias.wisc.edu/wp-content/uploads/2011/09/4-locate-and-purchase-local-foods.pdf

Finding sustainable farmers/producers

By certification (products grown in the U.S.)

- American Grassfed
<http://www.americangrassfed.org/producer-profiles/producer-members-by-state/>

- Animal Welfare Approved
<http://www.animalwelfareapproved.org/product-search/>
- Certified Humane Raised & Handled
<http://www.certifiedhumane.org/index.php?page=producers-products>
- Certified Naturally Grown
<http://www.naturallygrown.org/farm-list.html>
- Food Alliance
<http://foodalliance.org/files/FoodAllianceCertified-Products2012.pdf>
- Food Justice Certified
<http://www.agriculturaljusticeproject.org/ajpclientspage.html>
- Non-GMO Project Verified
<http://www.nongmoproject.org/find-non-gmo/search-participating-products/>
- Protected Harvest
http://www.protectedharvest.org/?page_id=68
- Salmon Safe
<http://www.salmonsafe.org/livewell/wine-list>
- USDA Organic
<http://apps.ams.usda.gov/nop/>
 - Directory of Minnesota Organic Farms
<http://www.mda.state.mn.us/food/organic/directory.aspx>
 - Wisconsin Organic Farm & Business Directory
<http://datcp.wi.gov/uploads/Farms/pdf/2011OrganicDirectory.pdf>
 - North Dakota Organic Advisory Board
<http://www.ndorganics.nd.gov/>
 - South Dakota Organic and Sustainable Farms Directory
<http://www.farmerspal.com/organic-farms/region/south-dakota/page/1/>
 - Iowa Organic Producers Directory
<http://www.idalsdata.org/iowadata/organics.cfm>
 - Nebraska Organic and Sustainable Farms Directory

<http://www.farmerspal.com/organic-farms/region/nebraska/page/1/>

- Certified Organic Producers in Kansas
http://www.ksda.gov/kansas_agriculture/content/153/cid/1157
- Missouri Organic and Sustainable Farms Directory
<http://www.farmerspal.com/organic-farms/region/missouri/>
- Ohio Good Earth Guide to Organic and Ecological Farms, Gardens, and Related Businesses
<http://www.oeffa.org/countymap.php>
- Indiana Organic and Sustainable Farms Directory
<http://www.farmerspal.com/organic-farms/region/indiana/page/1/>
- Guide to Michigan's Organic and Ecologically Sustainable Growers and Farms
<http://www.moffa.net/farm-guide.html>

Farmer auctions

Illinois

- Arthur produce auction
http://www.brightdsl.net/~fwo/other_auctions/IL.html

Indiana

- Wayne County produce auction
<http://in.marketmaker.uiuc.edu/business/38178-wayne-county-produce-auction-llc>
- Adams county produce auction
<http://www.adamsflowerproduce.com/>
- Wakarusa produce auction
<http://wakarusaproduceauction.com/>

Iowa

- Elma produce auction
<http://cedarvalleyproduceauction.com/>
- Frytown produce auction
<http://www.yoderauctionservice.com/yoderauctionproduce.htm>
- Southern Iowa produce auction
<http://www.southerniowaproduce.com/>

- Lamoni produce auction
<http://www.lamoniproduceauction.com/>

Missouri

- Produce auctions
<http://agebb.missouri.edu/hort/auction/>

Ohio

- Produce auctions
http://www.brightdsl.net/~fwo/other_auctions/OH.html
- Homerville Wholesale Produce Auction
<http://www.homerproduceauction.com/>

Wisconsin

- Produce auctions
<http://www.ifmwi.org/auctions.aspx>

Food hubs

- Regional Food Hub Resource Guide, <http://ngfn.org/resources/ngfn-database/knowledge/FoodHubResourceGuide.pdf>
- USDA Working List of Food Hubs
<http://www.ams.usda.gov/AMSV1.o/getfile?dDocName=STELPRDC5091437>

Producer directories

Nationwide:

- USDA Know Your Farmer, Know Your Food
<http://www.usda.gov/wps/portal/usda/usdahome?navid=KNOWYOURFARMER>
- GRACE Eat Well Guide
<http://www.eatwellguide.org/i.php?pd=Home>
- Local Harvest
<http://www.localharvest.org/>

North central region

ILLINOIS:

- Buy Fresh Buy Local Central Illinois
http://sfc.smallfarmcentral.com/dynamic_content/uploadfiles/101/2012_BFBL_Directory_reduced.pdf
- Local Foods Directory – Northern Illinois, summer 2013
<http://web.extension.illinois.edu/jsw/downloads/49261.pdf>

INDIANA:

- A Local Food Directory for Richmond
http://www.copeenvironmental.org/assets/Richmond_Local_Food_Directory.pdf
- Index of Locally Grown Food in Bloomington
<http://www.bloomingtononline.net/directory/category/Locally-Grown-Food/108#.Ui9NOsZONnE>
- Indiana Locally Grown Food
<http://eatlocalgrown.com/directory/tag/state/indiana/>

IOWA:

- Buy Fresh Buy Local Directory for Black Hawk and Neighboring Counties
<http://www.uni.edu/ceee/sites/default/files/LocalFoods/localfoodguide-2013.pdf>
- Iowa Buy Fresh Buy Local Directory
http://www.iowafreshfood.com/uploads/PDF_File_61325466.pdf
- Where Can I Buy Local? Internet Resource Guide
<http://www.localfoodsconnection.org/wp-content/uploads/2009/03/where-can-i-buy-local-food.pdf>

KANSAS:

- Buy Fresh North Central Kansas
<http://www.buyfreshnck.com/services.html>

MICHIGAN:

- Local First Farms and Producers
http://www.localfirst.com/directory/category/farms_producers
- Taste the Local Difference – NW Michigan
<http://www.mlui.org/food-farming/projects/taste-the-local-difference/#.Ui9OXsZONnE>

MINNESOTA:

- Minnesota Grown Wholesale Database
<http://www3.mda.state.mn.us/whlsale>

MISSOURI:

- AgriMissouri
<http://agrimissouri.com/>
- Eat Local! A Directory of Northeast Missouri Farmers
<http://www.foodcircles.missouri.edu/nemoeatlocal.pdf>
- Kansas City Food Circle 2013 Directory
<http://www.kcfoodcircle.org/docs/KCFC-Directory.pdf>
- Sourcing Local Food in Missouri Internet Resource
<http://mofarmtoschool.missouri.edu/files/Slide%2018-SourcingLocalFoodinMo.pdf>

NEBRASKA:

- Buy Fresh Buy Local Nebraska
http://food.unl.edu/c/document_library/get_file?uuid=4dea3564-c9f4-42c9-be45-631f462c0004&groupId=4089462&.pdf
- Nebraska Food and Meat Directory
http://www.nda.nebraska.gov/publications/promotion/food_meat_directory.pdf

NORTH DAKOTA:

- North Dakota Local Foods Directory 2013
http://www.nd.gov/ndda/files/resource/2013_Local_Foods_DirectoryWeb.pdf

OHIO:

- Ohio Proud Market Directory
<http://www.ohioproud.org/markets.php>
- Our Ohio Buying Local Directory
<http://ourohio.org/food/buying-local>

SOUTH DAKOTA:

- Dakota Rural Action's South Dakota Local Foods Directory
<http://sdlocalfood.org/>

WISCONSIN:

- Farm Fresh Atlas™ 2012 Western Wisconsin Local Food Directory
http://www.wifarmfresh.org/FFA2012_web.pdf

Food safety rules and regulations

- Bridging the GAPS: Strategies to Improve Produce Safety, Preserve Farm Diversity and Strengthen Local Food Systems
http://www.iatp.org/files/258_2_106746.pdf
- Market Development, Licensing, Labeling and Regulation Requirements (Wisconsin)
<http://www.cias.wisc.edu/foodservtools/2-Get-started/licensing-labeling-and-regulation-requirements.pdf>
- On-Farm Food Safety Information for Food Service Personnel
<http://www.extension.umn.edu/farm-to-school/docs/farm-food-safety-questions.pdf>
- Organic Essentials: A comprehensive guide for identifying safe and nutritious food
http://www.organic-center.org/reportfiles/TOC_PocketGuide_2011.pdf

Label guides

- Decoding Food Labels
<http://www.earthwatch2.org/sustainability/decoding%20labels.htm>
- Food Eco-Labels: A Purchasing Guide
http://www.noharm.org/lib/downloads/food/Food_Eco-Labels.pdf
- Greener Choices, Eco-labels
<http://www.greenerchoices.org/eco-labels>
- Why Eat Organic
http://swroc.cfans.umn.edu/prod/groups/cfans/@pub/@cfans/@swroc/documents/asset/cfans_asset_366337.pdf

Policies and procedures

- Guide to Developing a Sustainable Food Purchasing Policy
<http://www.sustainablefoodpolicy.org>
- Sustainable Food Purchasing Guide
http://www.yale.edu/sustainablefood/purchasing_guide_002.pdf.pdf

PREPARATION, PRESERVATION AND PROCESSING

- **Balanced Menus Recipe Toolkit**
http://www.noharm.org/lib/downloads/food/Balanced_Menus_Recipe_Toolkit.pdf
- **Existing Food Facilities Planning to Can Fresh Foods for Sale or Service (Minnesota)**
<http://www.extension.umn.edu/farm-to-school/toolkit/sourcing-food/docs/canning-fact-sheet.pdf>
- **Existing Food Facilities Planning to Freeze, Dry or Otherwise Preserve Fresh Foods for Sale or Service (Minnesota)**
<http://www.extension.umn.edu/farm-to-school/docs/Freezing-fact-sheet.pdf>
- **Fruit and Veggie Quantity Cookbook**
<http://www.dhhs.nh.gov/dphs/nhp/documents/cookbook.pdf>
- **Menu – The Guide to Culinary Inspiration**
<http://www.foodservicedirector.com/menu/home>
- **Now We're Cooking – A Collection of Simple Scratch Recipes Served in Minnesota Schools**
<http://www.health.state.mn.us/schools/greattrays/pdfs/NowCooking.August22.pdf>
- **Oklahoma F2S Cooking, A Farm to School Cookbook**
<http://www.kitchenexpedition.com/cookbook/>
- **Oregon Balanced Menus: A Collection of Regional Hospital Recipes**
<http://www.psr.org/chapters/oregon/healthy-food-in-health-care/oregon-balanced-menus-recipe-1.pdf>
- **Recipes for Healthy Kids – Cookbook for Schools, Recipes for 50 to 100 Servings**
http://www.teamnutrition.usda.gov/Resources/r4hk_schools.html
- **Recipes from the Healthy Kitchen**
<http://www.avera.org/heart-hospital/healthy-kitchen-recipes/>
- **Recommended Kitchen Equipment for From-Scratch Cooking (Wisconsin)**
<http://www.cias.wisc.edu/foodservtools/4-Incorporate-local-foods/recommended-kitchen-equipment-for-From-scratch-cooking.pdf>

- **Recommended Kitchen Equipment for Light Processing (Wisconsin)**
<http://www.cias.wisc.edu/foodservtools/4-Incorporate-local-foods/recommended-kitchen-equipment-for-light-processing.pdf>
- **The National Health Service Recipe Book (pp. 28-47)**
http://www.hospitalcaterers.org/better-hospital-food/downloads/recipe_book.pdf

PROGRESS REPORTS

- **Healthy Food, Healthy Hospitals, Healthy Communities—Stories of Health Care Leaders Bringing Fresher, Healthier Food Choices to Their Patients, Staff and Communities**
<http://www.healthobservatory.org/library.cfm?refid=72927>
- **Menu of Change—Healthy Food in Health Care, A 2013 Program Report with Highlights, Awards and Survey Results**
http://www.noharm.org/lib/downloads/food/Menu_of_Change_2013.pdf
- **Menu of Change Healthy Food in Health Care, A 2011 Program Report with Highlights, Awards and Survey Results**
http://www.noharm.org/lib/downloads/food/Menu_of_Change_2011.pdf
- **Menu of Change—Healthy Food in Health Care, a 2008 Survey of Healthy Food in Health Care Pledge Hospitals**
http://www.healthyfoodinhealthcare.org/downloads/Menu_of_Change.pdf

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